About the Executive Health Program

The Memorial Hermann Executive Health Program is a complete personalized wellness assessment with a two-fold purpose; the early identification of health risks and development of steps to prevent health issues. We are focused on delivering exceptional, patient-center care that addresses what matters most – your executives’ health.

Because we are located within an award-winning, nationally renowned health system, we can offer a full range of medical care, testing and referrals to specialists right within our own facilities.

Our team includes board-certified specialists in family and internal medicine, cardiology, gastroenterology, sports medicine, orthopedics, pulmonology, radiology and women’s health.

Investing in a health-focused workplace can provide a number of benefits, including increased productivity and effectiveness of key executives, improved morale, decreased costs of medical claims and reduced absenteeism.

**We offer:**
- Comprehensive tests tailored to each patient based on clinical indications for age and gender
- A secure patient portal providing instant access to medical records
- Convenient online appointment scheduling

The Executive Health Program is customized to meet the needs of your organization and additional services like travel medicine may be included in the package.

Our recommended Executive Health evaluation includes:
- Comprehensive medical history and physical examination
- Complete blood chemistry profile
- Diagnostic lab testing
- Cardiovascular testing
- Medical screenings
- Musculoskeletal evaluation
- Preventive testing
- Physical fitness profile
- Nutritional assessment
- Hearing and vision testing
- Body fat composition testing
- Gender-specific testing, such as pelvic exam, mammogram and bone density

**Pre-evaluation**
Before the visit, the executive will receive registration forms to complete. The executive may be contacted by an appointment coordinator to obtain information to assist in prescheduling tests or consultations. They will also be given instructions for any required dietary or activity restrictions.

**What to expect**
One of our doctors will conduct a thorough review of the executive’s medical and family history, followed by a complete physical examination and will also receive a consultation with both a physical therapist and registered dietitian to assess their fitness and nutritional habits.

At the end of the visit, the executive will meet with the doctor for a summary conference. The executive will leave with a copy of their blood work results, and we will mail the comprehensive, confidential Executive Health Portfolio within two weeks. If the executive chooses, we can also send a copy to their primary care physician.

**To schedule:**
We understand the demands and timesensitive schedules that are common for executives. That is why we have simplified the process through online appointments at a choice of two convenient Memorial Hermann Executive Health locations: Memorial City and The Woodlands.

Visit memorialhermann.org and select Executive Health under the Employer Solutions tab or call 1.855.588.EXEC (3932).